

W. L. Stephens Pool Schedule

September 2015

MONDAY		
Lap Swim 6:00 am – 3:45 pm 7:30 pm – 8:45 pm	6:00 am - 3:45 pm	Lap Swim
	8:00 am – 8:45 am /9:00 am – 9:45 am	Water Fitness / Lap Swim *
	10:00 am – 10:45 am	Arthritis Fitness
	4:00 pm – 7:00 pm	SMRT
	6:30 pm – 7:15 pm	Water Aerobics / No Lap Swim
	7:30pm – 8:45 pm	Lap Swim
TUESDAY		
Lap Swim 6:00 am – 3:45 pm 7:30 pm – 8:45 pm	6:00 am - 3:45 pm	Lap Swim
	8:00 am – 8:45 am /9:00 am – 9:45 am	Water Fitness / Lap Swim *
	4:00 pm – 7:00 pm	SMRT
	6:30 pm – 7:15 pm	Water Aerobics / No Lap Swim
	6:30 pm – 8:10 pm	Swim Lessons
	7:30pm – 8:45 pm	Lap Swim
WEDNESDAY		
Lap Swim 6:00 am – 3:45 pm 7:30 pm – 8:45 pm	6:00 am - 3:45 pm	Lap Swim
	8:00 am – 8:45 am /9:00 am – 9:45 am	Water Fitness / Lap Swim *
	10:00 am – 10:45 am	Arthritis Fitness
	4:00 pm – 7:00 pm	SMRT
	6:30 pm – 7:15 pm	Water Aerobics / No Lap Swim
	7:30pm – 8:45 pm	Lap Swim

THURSDAY		
Lap Swim 6:00 am – 3:45 pm 7:30 pm – 8:45 pm	6:00 am - 3:45 pm	Lap Swim
	8:00 am – 8:45 am /9:00 am – 9:45 am	Lap Swim / Water Fitness *
	4:00 pm – 7:00 pm	SMRT
	6:00 pm – 8:00 pm	Lessons
	6:30 pm – 7:15 pm	Water Aerobics / No Lap Swim
	6:30 pm – 8:10 pm	Swim Lessons
	7:30pm – 8:45 pm	Lap Swim
FRIDAY		
Lap Swim 6:00 am – 4:00 pm	6:00 am - 3:45 pm	Lap Swim *
	8:00 am – 8:45 am /9:00 am – 9:45 am	Water Fitness / Lap Swim *
	10:00 am – 10:45 am	Arthritis Fitness
	4:00 pm – 7:00 pm	SMRT
Saturday		
Lap Swim 9:00 am – 4:00 pm	9:00 am – 3:45	Lap Swim
	9:00 am – 9:45 am	Water Fitness / Lap Swim *
	12:00 pm – 3:45 pm	Rec Swim

*Limited Lap Lanes Available

*Closed Monday, September 7 for Holiday